

## Know your spectrum of social communication

### Aims

- To understand key aspects of social communication in relation to autism.
- Identify personal strengths and areas that are a challenge.
- Develop strategies to support or enhance communication skills.

### Activities A - H

- Read Finn's worksheet and creative writing to further understand each topic and generate ideas.
- Teenagers' to think of examples in their life for each activity. Course leaders can also provide personal examples to further support the process.
- Consider the key features of the topics and how they influence other areas of our lives.
- Teenagers' to identify cause and effect between their communication style and emotions or behaviours.
- Refer to the additional support material provided on the website for each activity section and to recap the topic.
- Additional poetry and narrative examples can be found on the creative writing wall for more inspiration (Button 7).

Timings Book pages Website buttons	Activities
<p>10–15 minutes</p> <p>PAGE 166-169 Button 1</p>	<p><b>Know your spectrum of social communication</b></p> <p><b>Introduction</b></p> <p>Read through the introduction and further explain or discuss the main topics. Refer to glossary for definitions and mind map for an overview.</p>
<p>20-30 minutes</p> <p>PAGE 174-175 Button 2</p> <p>PAGE 176-177</p>	<p><b>My spectrum of communication difficulties</b></p> <p><b>ACTIVITY A. YOUR WRITING PROMPTS</b> Website additional writing prompts.</p> <p><b>ACTIVITY B. MY WORKSHEET</b> Teenagers' complete the worksheet.</p>

<p><b>20-30 minutes</b></p> <p>PAGE 182-183 Button 3</p> <p>PAGE 184-185</p>	<p><b>My spectrum of speaking inconsistencies</b></p> <p><b>ACTIVITY C. YOUR WRITING PROMPTS</b> Website additional writing prompts.</p> <p><b>ACTIVITY D. MY WORKSHEET</b> Teenagers' complete the worksheet.</p>
<p><b>20-30 minutes</b></p> <p>PAGE 190-191 Button 4</p> <p>PAGE 192-193</p>	<p><b>My spectrum of making friends</b></p> <p><b>ACTIVITY E. YOUR WRITING PROMPTS</b> Website additional writing prompts.</p> <p><b>ACTIVITY F. MY WORKSHEET</b> Teenagers' complete the worksheet.</p>
<p><b>20-30 minutes</b></p> <p>PAGE 198-199 Button 5</p> <p>PAGE 200-201</p>	<p><b>My spectrum of social burnout</b></p> <p><b>ACTIVITY G. YOUR WRITING PROMPTS</b> Website additional writing prompts.</p> <p><b>ACTIVITY H. MY WORKSHEET</b> Teenagers' complete the worksheet.</p>
<p><b>20 minutes</b></p> <p>PAGE 204 Button 6</p> <p>PAGE 206</p> <p>PAGE 207</p>	<p><b>What's my spectrum of social communication?</b></p> <p><b>ACTIVITY I. MY WORKSHEET</b> Teenagers' recap and summarise main points learnt throughout the chapter.</p> <p><b>ACTIVITY J. MY WORKSHEET</b> Teenagers' complete creative writing section using poetry, mini-stories or a narrative.</p> <p><b>ACTIVITY K. MY PROFILE CHART</b> Teenagers' create a personal profile relating to the chapter.</p>